

The Necessities

Yarn:

Approx. 80g / 200 yds DK weight yarn

Needles:

US 5 (3.75mm) 16" (40 cm) circular needles or set of 5 DPNs.

Notions:

1 stitch marker for beginning of round

Gauge:

25 sts and 30 rnds = 4" (10 cm) in 2x2 rib, blocked

Size: This is a snugly, close fit cowl and one size fits most. Blocked flat measurements are approx 9" wide and 10" tall. Instructions for a looser fit on next page. **Note that a looser cowl will require more yarn.**

Abbreviations

CO – cast on	pm – place marker
k - knit	rnd(s) – round(s)
k2tog – knit 2 stitches together	st(s) – stitch(es)
p - purl	yo – yarn over

Instructions

CO 108 sts using the long tail cast-on method. PM and join to work in the rnd, being careful not to twist sts. If you prefer a slightly looser cowl, CO 120 sts.

Edge: Work 10 rnds 2x2 rib (k2, p2).

Body: Work the below 12 rnds FOUR times

Rnd 1: *k4, p2; repeat from * around

Rnd 2: *k2, yo, k2tog, p2; repeat from * around

Rnds 3-4: repeat rnd 1

Rnd 5: k2, *p2, k4; repeat from * to last 4 sts, p2, k2

Rnd 6: yo, k2tog, *p2, k2, yo, k2tog; repeat from * to last 4 sts, p2, k2

Rnd 7-8: repeat rnd 5

Rnd 9: *p2, k4; repeat from * around

Rnd 10: *p2, k2, yo, k2tog; repeat from * around

Rnds 11-12: repeat rnd 9

Edge: Work 10 rnds 2x2 rib (k2, p2).

Block to 9" wide (or 11" if you cast on more sts). Weave in ends and enjoy!

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